



St Petersburg  
University



# SPbU in Times of Covid



## **After arrive in Russia from other countries**

You must undergo PCR testing twice:

- No earlier than 48 hours before arrival in the Russian Federation
- Within 48 hours after the entry to Russia

You need to self-quarantine before receiving the negative result for the second PCR test.



## Anti-COVID-19 measures at the university

Today, SPbU is taking every measure possible to prevent the spread of the virus inside the university.

- ✓ Study process is organized in online-format until further notice.
- ✓ Students must wear a mask and keep a social distance.
- ✓ All university buildings are equipped with antiseptics, thermometry is provided at the entrance and exit.



## Access to public places

At the moment people need a QR Code to enter most public places like museums, theatres, restaurants, or bars (beware that museums/theatres may also impose their own rules).

How to acquire QR-code?

- be vaccinated with Sputnik V or Sputnik Light vaccine not earlier than 1 year ago;
- have a confirmation from a medical organization in Russia that you've recovered from COVID-19 not earlier than 6 months ago.

You can use vaccination certificate instead of QR-code if you were vaccinated with Russian vaccine.

There are talks that international citizens may be provided with QR-codes based on the antibody test. However, no actual steps have been made in this way.



## Vaccination

Two options: with the help of SPbU or at a private clinic.

- You may apply for a vaccination via SPbU personal account ([my.spbu.ru](http://my.spbu.ru)).  
You should fill out the application called “О потенциальной заинтересованности иностранных граждан в вакцинации от коронавирусной инфекции» / About your potential interest in vaccination against coronavirus infection COVID-19”.
- You can also get vaccinated on a fee-paying basis.  
The list of the medical institutions providing such service is posted here <http://zdrav.spb.ru/ru/news/1507/> (last update October, 2021).



## If you are feeling unwell

- Get tested (you can order PCR test to be delivered to your dormitory).
- If PCR result is positive: inform dormitory administrator, your coordinator, and buddy.
- If you live in the dormitory, follow the instructions of the administrator.
- If you live in a rented flat, self-quarantine until the negative result.
- Seek medical assistance: call for a doctor/ask dormitory administrator to call a doctor for you.

Do not break the quarantine! In case of need, ask your buddy for the assistance instead (e.g., they can bring you food/other items).